

**(19) World Intellectual Property Organization  
International Bureau**



(43) International Publication Date  
12 September 2002 (12.09.2002)

PCT

(10) International Publication Number  
**WO 02/069879 A1**

(51) International Patent Classification<sup>7</sup>: A61H 11/02  
(21) International Application Number: PCT/IL02/00157  
(22) International Filing Date: 3 March 2002 (03.03.2002)  
(25) Filing Language: English  
(26) Publication Language: English

(81) **Designated States (national):** AE, AG, AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, BZ, CA, CH, CN, CO, CR, CU, CZ, DE, DK, DM, DZ, EC, EE, ES, FI, GB, GD, GE, GH, GM, HR, IU, ID, IL, IN, IS, JP, KE, KG, KP, KR, LZ, LC, LK, LR, LS, LT, LU, LV, MA, MD, MG, MK, MN, MW, MX, MZ, NO, NZ, OM, PH, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TN, TR, TT, TZ, UA, UG, US, UZ, VN, YU, ZA, ZM, ZW.

(84) **Designated States (regional):** ARIPO patent (GH, GM, KE, LS, MW, MZ, SD, SL, SZ, TZ, UG, ZM, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE, TR), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GQ, GW, ML, MR, NE, SL, TD, TG).

141824 5 March 2001 (05.03.2001) IL

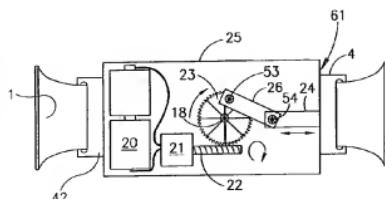
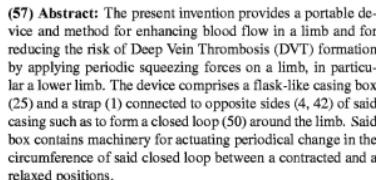
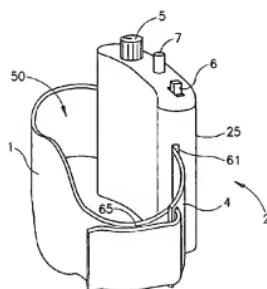
**(71) Applicants and**  
**(72) Inventors:** WEINTRAUB, David [IL/IL]; 16 Ha-  
harzt Street, 81514 Yavne (IL). AVNI, Yuval [IL/IL]; 3  
Hamaalot Street, 53259 Givatayim (IL).

**(74) Agents:** AGMON, Jonathan et al.; Soroker - Agmon, Ad-  
vocates & Patent Attorneys, 12th floor, Levinstein Tower,  
23 Petach Tikva Road, 66184 Tel Aviv (IL).

**Published:**

[Continued on next page]

**(54) Title:** A PORTABLE DEVICE FOR THE ENHANCEMENT OF CIRCULATION AND FOR THE PREVENTION OF STASIS RELATED DVT





— before the expiration of the time limit for amending the claims and to be republished in the event of receipt of amendments

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A PORTABLE DEVICE FOR THE ENHANCEMENT OF CIRCULATION AND FOR THE PREVENTION OF STASIS RELATED DVT

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BACKGROUND OF THE INVENTION

FIELD OF THE INVENTION

The present invention generally relates to enhancement of blood and lymph flow in a limb and the prevention of Deep Vein Thrombosis (DVT). More specifically, the present invention relates to a portable, self contained, 10 mechanical device for enhancing the blood in a limb, enhancing the lymph and venous return from a limb, specifically a lower limb, towards the heart, aiming at reducing the risk of DVT formation, edema formation and improving the general circulation in a limb during periods of immobility.

15

DISCUSSION OF THE RELATED ART

The development of a "blood clot" or Deep Vein Thrombosis (DVT) in a limb, specifically in the lower limbs, is a major health hazard. It may lead to local symptoms and signs such as redness, pain and swelling of the affected limb. It may also be a life hazard by sending small parts of a blood clot towards 20 the lungs corking the circulation through the lungs (called Pulmonary Embolism), leading to reduced ability of the lungs and sometimes of the heart to function. This is accompanied by pain, shortness of breath, increased heart rate and other clinical signs and symptoms.

The development of DVT is believed to be related pathologically to 25 Virchow's triad. More specifically, a DVT has increased incidence if three conditions are met in the vasculature; Stasis (reduced blood flow), Hypercouagulability (increased tendency of clotting in a blood vessel during normal conditions) and Endothelial damage (damage to the internal layer of the blood vessel promotes clot formation).

In the ambulatory person the muscles of the leg compress the deep venous system of the leg pushing the blood towards the heart. This phenomena is called the "muscle pump". The muscles of the calf are traditionally implicated in the mechanism of the "muscle pump".

5 During period of immobilization, stasis is believed to be the major risk factor for the formation of DVT. Immobilization includes any period of lack of physical activity whether in the supine or sitting position e.g. bed or chair ridden persons, during long automobile trips, long flights, long working hours in the sitting position etc.

10 Recently the medical community named the formation of DVT during long journeys, the "travelers thrombosis". It is believed that around 5% of manifested DVT originate during traveling. This is believed to occur due to the prolonged immobilization, especially while in the sitting position. This position further compromises blood flow due to kinking of veins in the limb  
15 during the sitting position. It was further shown that enhancing the venous blood flow (via a compressing device) during flight, reduced discomfort, limb swelling, fatigue and aching when used on flight attendants.

20 Limb swelling and discomfort may be present also in states of lymph stasis such as after a mastectomy and in other conditions in which lymphatic return to the heart is impaired.

25 Increasing the flow of blood in the limb during periods of immobility is already a proven method to prevent the formation of DVT in the limb. It secondarily prevents the formation of pulmonary embolism (PE) that commonly originates from a DVT. Increasing the venous return from the lower limb can also prevent formation of edema, pain and discomfort in the limb during periods of immobilization.

30 Prevention of DVT related to stasis is commonly achieved via large and cumbersome devices. Most of these devices can be used only by trained medical staff. Such devices operate by either of two methods: Pneumatic/Hydraulic intermittent compressions or by direct intermittent

electrical stimulation of the "muscle pump". The Pneumatic/hydraulic devices use a sleeve or cuff with a bladder that is inflated and deflated by air or fluid compressor thus causing stimulation of the physiological "muscle pump". The pneumatic/hydraulic devices usually require a sophisticated set of tubes and 5 valves, a compressor, a source of fluid and a sophisticated computer control. Moreover such devices emit substantial noise while operating. The electrical stimulators work by delivering electrical impulses to the calf muscles. These devices require a sophisticated electronic apparatus and may be painful or irritating to patient.

10 Most existing devices aimed at preventing DVT are designed for use in the medical setting, by trained personal. Such devices are generally non-portable.

15 Accordingly it is the object of the present invention to provide a device for the enhancement of blood and lymph flow in a limb and the prevention of DVT development during periods of immobility which simulate 20 intermittent muscle compression of a limb and is portable, self-contained, does not rely on, but is compatible with, external power source, and is easily carried, small, and lightweight.

It is a further object of the present invention to provide such a device 25 which is simple to operate by a lay person without any special training in the field of medicine, is easily strapped over or attached to a limb and can be easily be adjusted to fit persons of any size.

Another object of the present invention is to provide such a device 30 for the prevention of DVT which does not involve air compression and which operates silently, thus allows its operation in a populated closed space, such as during a flight, without causing any environmental noise annoyance.

Yet it is another object of the present invention is to provide the 35 intermittent muscle compression by mechanical means, more specifically by transforming energy, electrical or magnetic, into mechanical activity via a system of rods and wheels.

A further object of the present invention is to provide such a device for the prevention of DVT that is easy to manufacture and is low cost.

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#### SUMMARY OF THE PRESENT INVENTION

In accordance with the above objects, the present invention provides a portable device and method for enhancing blood and lymph flow in a limb and for reducing the risk of Deep Vein Thrombosis formation by applying periodic squeezing forces on a limb, in particular a lower limb.

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The device of the present invention is a small, portable, simple, mechanical device that produces intermittent mechanical compression of the deep venous system in a limb, more specifically the lower limb, by converting energy, more specifically electrical or magnetic energy into mechanical compressions, more specifically via strap compression or plate compression by 15 the use of rods and wheel mechanical apparatus.

15

The present device comprises a casing box, preferably a flask-like curved box for fitting the curvature of the limb, and a strap connected by its two ends to opposite sides of said casing box such as to form a closed loop around the limb. The casing box contains a power source means, a motor powered by 20 said power source means and a mechanical means coupled to said motor for actuating periodical change in the circumference of said closed loop between a contracted and a relaxed positions. Said periodical change in the circumference of said closed loop is obtained either by intermittently pulling and releasing at least one end of the strap toward the casing or by intermittently extending and 25 retracting a compressive plate positioned between the casing and the limb. The periodical transition between the contracted and relaxed positions may be controlled such as to allow different time periods in each position. Preferably, a cycle comprises a fast contraction, followed by much longer period of relaxation. The device further comprises adjustments means for adjusting the 30 circumference of the loop to the circumference of said limb.

Preferably the device further comprises regulation means for regulating the frequency of said periodical change and for regulating the length interval between said contracted and relaxed positions of said loop.

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#### BRIEF DESCRIPTION OF THE DRAWINGS

The present invention will be understood and appreciated more fully 10 from the following detailed description taken in conjunction with the drawings in which:

Fig. 1 is a pictorial illustration of the device of the present invention strapped to the calf of a sitting person;

Fig. 2A is a side external view of a preferred anterior box 15 embodiment of the present device, in which squeezing the limb muscles is performed by intermittent shortening the circumference of a loop created by an assembly body and strap;

Fig. 2B is a side view illustration of an posterior box embodiment in which the assembly box is the active intermittent compressing part placed 20 against the calf muscles;

Fig. 3A is a cross section of a device in accordance with the embodiment of Fig. 2A, showing a first internal mechanism of the assembly box;

Fig. 3B is a top view of the device of Fig. 3A;

25 Fig. 3C depicts a modified mechanism of the embodiment of Figs 3A and 3B;

Fig. 4A is pictorial representation of an alternative mechanism for the embodiment of Fig. 2A using electromagnetic motor, a centrally hinged rotating rectangular plate and a longitudinal bar connecting both sides of the strap;

Fig. 4B and 4C are side and top view respectively of the embodiment 5 presented in Fig. 4A;

Fig. 5A and 5B depict yet another mechanism for the embodiment of Fig. 2A using an enhanced power transmission by means of an "L" shaped lever bar;

Fig. 6 is a side view of yet another embodiment of a device in 10 accordance with the present invention;

Fig. 7 is a top view of a device in accordance with the anterior box embodiment of Fig. 2B showing the internal mechanism of the assembly box;

Fig. 8 shows exemplary Doppler ultrasound test results obtained by the application of the present invention.

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## DETAILED DESCRIPTION OF PREFERRED EMBODIMENTS

A device for the intermittent compression of the extremities muscles for the enhancement of blood and lymph flow in a limb and the prevention of Deep Vein Thrombosis is disclosed.

5 The portable device of the present invention, generally designated 100, is shown in Fig. 1, worn on the calf of a sitting person, Device 100 can be worn directly on the bare limb, or on a garment, such as trousers, worn by the person using the device.

Device 100 comprises two main components, an assembly box 2 10 which contains all the machinery parts responsible for the device operation, and a strap 1 connected to said assembly box such as to form a closed loop (designated 50, see Figs.2) for encircling a person limb. The power supply for the device may be of the internal power supply type such as a rechargeable or non rechargeable low voltage DC batteries or an external power supply type 15 such as an external power outlet connected via an AC/DC transformer such as a 3-12V 1Amp transformer, fed through electrical wires to a receptacle socket in the device (not shown).

As shown in Fig. 1, strap 1 is preferably wide in the middle and narrow at the ends where it connects to assembly box 2. Strap 1 however may 20 assume any other shape and form such as a constant width belt. The strap can be fabricated from any flexible material that is non-irritating to the skin, such as thin plastic, woven fabric and the like. Strap 1 can be fabricated from one material or alternatively can combine more than one material. For example, strap 1 can be made of both non stretchable material and stretchable material 25 wherein such an arrangement may be dispose of a stretchable material for example rubber fabric in the center of the strap 1 and a non stretchable material such as plastic flanking the stretchable material and comprising the rest of the strap. Such an arrangement facilitates a more uniform stretch forces on the strap as well as preventing the slippage of the strap from the limb.

According to the preferred embodiment shown in Fig.1, hereinafter called the anterior box embodiment, strap 1 is placed against the muscles while assembly box 2 is placed against the calf bone. However, according to another embodiment of the present invention, hereinafter called the posterior box embodiment, assembly box 2 can be placed against the muscles.

5 Figs. 2 illustrate two possible embodiments of the device of the present invention. Fig. 2A represents a preferred embodiment of the present device, in which squeezing the limb muscles for promoting the increase of blood and lymph flow in the limb, is performed by pulling and releasing strap 1, thus, intermittently shortening the effective length of loop 50 encircling the limb. This embodiment is preferably used as an anterior box embodiment of the present invention. However, it will be easily appreciated that the device of Fig 10 2A can be used as a posterior box embodiment as well.

15 Fig. 2B presents another embodiment of the present device in which assembly box 2 is the active intermittent compressing part by means of mobile plate 3 attached to the box. This embodiment, which can be used only as a posterior box embodiment, will be explained in conjunction with Fig. 6.

20 Turning back to Fig. 2A, assembly box 2 comprises a thin, curved flask-shaped casing 25 which contains all the parts of internal machinery responsible for intermittent pulling and releasing strap 1. Casing 25 is preferably fabricated from, but not limited to, a plastic molding, a light metal, or any other material which is light, non irritating to the skin, and cheap to produce.

25 Strap 1 is connected at both its ends to assembly box 2 by means of two buckles 4 and 42 at the sides of casing 25 (buckle 42 not shown). At least one of said buckles (here buckle 4) is a mobile buckle, which can move in and out of casing 25 through slit (opening) 61, thus pulling and relaxing strap 1 between a retracted and a relaxed positions. The retraction protraction motion shortens and lengthens the effective length of strap 1, thus causing intermittent compression of the underlying muscle and increasing the blood and lymph flow 30 in the underlying vessels. Possible inner machinery responsible for activating

the intermittent pulling of strap 1 is described in the following in conjunction with Figs. 3 to 6.

Strap 1 can be adjusted to fit the size of the limb, on which device 100 is to be operated, by having at least one of its ends free to move through its 5 corresponding buckle, such that the strap can be pulled by said end for tightening the strap around said limb. Said end is then anchored in the appropriate position. In the example shown here, the strap is folded back on itself and the overlapping areas are fastened to each other by fastening means 65, such as Velcro™ strips, snap fasteners or any other fastening or securing 10 means. Alternatively, said strap end can be secured to casing 25 by fastening means such as Velcro strips, opposite teeth-like protrusions both on casing 25 and on strap 1, and the like.

The second end of strap 1 can be connected to its corresponding buckle either in a permanent manner by attaching means such as knots or bolts, 15 or can be adjustable in a similar manner to what had been described above, allowing both ends to be pulled and anchored simultaneously for better fitting.

Yet, in accordance with another embodiment of the invention, the strap can be wound around a retracting mechanism positioned at one side of casing 25. The free end of the strap can be provided with a buckle for allowing 20 connection into the opposite side of casing 25 either by one of the aforementioned means described or by means of a quick connector.

Outer casing box 25 also includes an on/off switch 6, a force regulator 5 for regulating the force exerted on the calf muscle by strap 1 and a rate regulator 7 for regulating the frequency of intermittent compressions. 25 Alternatively, force regulator 5 and on/off switch 6 can be combined into one button. Force regulation can be obtained for example by way of controlling the length of the strap interval between retracted and protracted positions. The length interval between contracted and relaxed positions is preferably, but not limited to, 1 – 50 millimeters. Frequency regulation can be obtained by way of regulating, but not limited to, the speed of the inner machinery.

A person skilled in the art will readily appreciate that the present invention can be used for the enhancement of both arterial and venous blood and lymph flow in a limb (upper and lower). The examples provided in the following discussion serve as an example and should not be construed as a limitation to the application of the preset invention.

Referring now to Figs. 3A and 3B, there is shown a side view and a top view respectively of first inner machinery for the device of Fig. 2A. The numerical are corresponding in both drawings. According to this embodiment, one end of strap 1 is connected to assembly box 2 via a fixed fitting 42 by means such as bolts, knots glue, etc. The second end is connected via a movable buckle 4, which traverses slit 61 located at the side of casing 25. Buckle 4 can retract and protract through opening 61, as described above. Movable buckle 4 is connected to the inner machinery by means of attachment to a rigid push/pull rod 24

15 The inner machinery responsible for the motion of movable buckle 4 is herein described.

An energy source 20 such as low voltage DC batteries, supplies electrical energy to an electrical motor 21 such as, but not limited to, a 3-12 V DC motor, via electrical contacts such as wires.

20 Electric motor 21 converts electric energy into kinetic energy, spinning a spirally grooved (worm) central shaft 22. Shaft 22 is coupled to a (speed reduction) wheel 23, having complementary anti-spiral circumferential grooves or teeth, causing wheel 23 to revolve around its center which is fixed by axis 18 perpendicular to its surface. An elongated connector plate 26 is 25 pivotally jointed at one end to off-center point 53 on wheel 23 and at its second end to rod 24 at point 54, such that the rotation of wheel 23 actuates plate 26 to intermittently push and pull rod 24, in a crankshaft manner. Consequently, mobile buckle 4 is intermittently pulled inward and outward casing 25 through slit 61, thus intermittently shortening the circumference of loop 50.

A modified machinery, represented in Fig 3C, includes the following changes with reference to Fig. 3A and 3B. The electric motor 21 and spinning worm shaft 22 are replaced with an electromagnetic motor 21' (such as a push-pull solenoid 191C distributed by Shindengen electric Ltd.) having a 5 reciprocating central rod 22' with an upwardly inclined spike-tooth projection 50 at its end. Rod 22', via projection 50 is coupled to wheel 23, having complementary teeth. As reciprocating rod 22' slightly protrudes from, and retracts into the motor body, projection 50 latches sequential teeth of wheel 23 as it protrudes and pulls wheel 23 as it retracts, causing wheel 23 to revolve 10 around its axis. The mechanism of Fig. 3C generates a large force output while minimizing the power input. Such a machinery is very cost effective.

The above description clearly shows how the internal mechanical machinery of the proposed device acts to intermittently shorten loop 50, culminating in intermittent compression of the leg or hand muscle and leading 15 to increase of venous return and helping in the prevention of the formation of deep vein thrombosis.

An alternative machinery embodiment for the device embodiment of Fig. 2A is shown in Fig. 4A, 4B and 4C. Fig. 4A is a perspective drawing view 20 showing the internal parts of assembly box 2 with the frontal part of casing 25 removed. Fig. 4B and 4C side and top view, respectively of the embodiment shown in Fig. 4A. According to this embodiment, both ends of strap 1 are connected to the inner machinery of assembly box 2 by means of two movable buckles 4 and 34, which can move inwardly and outwardly casing 25 through 25 slits 61 and 61', respectively.

This alternative embodiment combines the following elements:

A rectangular plate 33 positioned close to one side wall of casing 25, adjacent to slit 61. Plate 33 having two parallel rectangular surfaces, two narrow vertical edges, designated 45 and 46, and two narrow horizontal edges. Plate 33 30 is pivotally mounted at its narrow horizontal edges to the top and bottom walls

of casing 25, by pivoting means 39, such as to allow rotational movement of the plate around the vertical axis connecting between pivoting means 39;

5 A push-pull electromagnetic motor 31 (such as pull tubular solenoid 190 distributed by Shindengen electric Ltd.) connected via its reciprocating central rod 32 to one vertical edge (45) of the centrally hinged rectangular plate 33, at about mid point of said edge;

A longitudinal rod 35 spans the length of casing 25. Said longitudinal rod 35 is connected at one end to the opposite vertical edge (46) of plate 33 and at its second end to movable buckle 34 positioned at the other side of casing 25.

10 Centrally hinged rectangular plate 33 is thus connected on one side to the electromagnetic motor 31 via central rod 32, and on the other side to longitudinal rod 35 (as best seen in Fig. 4C). Movable buckle 4 is also connected to narrow edge 45 of plate 33 but extends outwardly, through slit 61, in the opposite direction to rods 32 and 35.

15 As can be best seen in Fig. 4C, the reciprocating movement of rod 32 causes plate 33 to turn back and forth around its central axis, preferably the angular displacement is in the range of 20 to 60 degrees. Consequently, buckles 4 (coupled directly to plate 33) and 34 (by means of connecting rod 35) are synchronously pulled and pushed inward and outward of casing 25, resulting in 20 intermittent shortening of the limb encircling loop.

This embodiment is advantageous because the longitudinal rod 35 allows both buckles 34 and 4 to approximate each other at the same time, thus enhancing the efficiency of the device (by enhancing the reciprocating displacement of electromagnetic motor 31) and requiring less energy.

25 Figs. 5A and 5B illustrate yet another alternative machinery for the device embodiment of Fig. 2A. The embodiment of Figs. 5 also uses a pull-push electromagnetic motor as the driving force but allows force enhancement by the addition of an "L" shaped lever bar 40 to the said centrally displaced rod 32 of 30 the embodiment shown in Figs. 4. According to this embodiment, one edge of

strap 1 is connected to fixed buckle 42 while the second end is connected to movable buckle 4 which transverse casing 25 through side slit 61. The movable buckle 4 is connected to centrally hinged rectangular plate 33 in a similar manner to what have been described in conjunction with Figs. 4.

5           In accordance with the present embodiment, electromagnetic motor 32 is pivotally mounted at its rear end to the base by pivoting means 99. The "L" shaped lever bar 40 pivotally mounted at its longer arm end to reciprocating rod 32 by pivoting means 39, and at its shorter arm end is attached to narrow edge 46 of plate 33, by attaching means 42, in a manner which allows it to slide 10 up and down said edge. Such attaching means can be obtained, for example, by railing means such as a groove engraved along the edge of the short arm of lever 40 and a matching protruding railing extending from narrow edge 46 of plate 33. The right-angled corner of "L" shaped bar 40 is pivotally anchored to casing 25 by means of axis 41 perpendicular to the bar surface.

15           Fig 5A represents the "relaxed" mode (i.e., buckle 4 in protracted position), while Fig. 5B is in a "contracted" mode (buckle 4 in retracted position). To understand the action of this embodiment a static description of the "relaxed" mode followed by the "contracted" mode description is herein given.

20           The "relaxed" mode in Fig. 5A, illustrates the electromagnetic motor 32 at a perpendicular position to the base of casing 25, and "L" shaped lever 41 in a perpendicularly positioned to reciprocating rod 32.

25           The "contracted" mode is shown in Fig. 5B. When reciprocating rod 32 retracts into electromagnetic motor 31, it causes the "L" shaped to rotate around axis 41, such that connection 69 moves toward electromagnetic motor 31 as well as toward the rectangular plate 33. This rotation is allowed due to pivot attachment 99 of electromagnetic motor 31 and pivot attachment 41 of "L" shaped lever bar 40. The other end of the "L" shaped lever bar 41 slides in the upward direction on edge 46 of rectangular plate 33 and at the same time it

pushes plate 33 causing it to rotate counterclockwise such that edge 45 and consequently buckle 4 are drawn deeper into casing 25.

When reciprocating rod 32 reciprocates its motion, "L" shaped bar 41 returns to its "relaxed" perpendicular position (Fig. 5A) and consequently edge 5 45, along with buckle 4 are pushed outwardly.

Thus, this chain of events leads to an effective intermittent shortening of the limb encircling loop (50) and to an intermittent compression of the underlying muscle enhancing the blood flow.

10 Fig. 6 illustrates yet another preferred embodiment of the present invention, including means for allowing asymmetrical contraction-relaxation cycle and in particular for allowing fast contractions, followed by much longer periods of relaxation. Such a cyclic pattern is found to have the most beneficial effect for enhancing blood and lymph flow. In accordance with this 15 embodiment, the machinery components responsible for intermittent pulling and releasing strap 1 comprises a motor 121 having a worm shaft 122, a speed reducing gear comprising wheels 124 and 126, coupled to shaft 122, and a disk 128 of irregular perimeter, concentrically mounted on wheel 126. Double-tooth disk 128 is shaped as two identical halves of varying curvature radius, each 20 having a gradual slope at one end and a cusp 129 where the radius changes abruptly from maximum to minimum at its second end, wherein between two ends the radius of curvature is almost constant. The machinery components, including motor and wheels, are accommodated in a central compartment 120 of casing 25.

25 Two side compartments, 110 and 140, accommodate laterally movable strap connectors 105 and 145, respectively. Compartments 110 and 140 are provided with side slits 114 and 141, through which strap 1 can slide in and out. In accordance with the embodiment shown here, strap 1 is retractably mounted at one side of casing 25 (compartment 110) and having its free end 30 provided with a quick male connector for connecting into complementary

female connector in compartment 140. This strap fastening arrangement allows for quick and simple adjustment of the strap to the size of the limb and for exerting primary pressure on the muscles. Accordingly, connector 105 includes a vertical rod 102 rotatably mounted between two horizontal beams 116 and 117, allowing rod 102 to revolve around its axis for rolling/unrolling strap 1. Strap 1 is affixed to rod 102 at one end and is wound around the rod. Rod 102, acting as a spool for strap 1, is provided with a retraction mechanism (not shown). The retraction mechanism can be any spring loaded retracting mechanism or any other retraction mechanism known in the art, such as are used with seat belts, measuring tapes and the like. For example, the retraction mechanism can comprise a spiral leaf spring having one end secured to rod 102 so as to present torque on the rod when strap 1 is withdrawn and to cause the strap to roll back once its free end is released. The upper end of rod 102 terminates with head 115 and a cap 116 of a larger diameter mounted on springs 118. The inner surface of cap 116 fits onto outer surface of head 115, such that when cap 116 is pressed downward, it locks head 115, preventing free rotation of rod 102 and consequently preventing strap 1 from being rolled or unrolled. The second free end of strap 1 terminates with buckle 111 which fits into a complementary accepting recess 142 of connector 145 for allowing quick connection into the second side of casing 25. In the example illustrated here, buckle 111 has an arrow shape while connector 145 has a complementary arrow shape recess 142 provided with slanted protrusions 144 mounted on springs 146. When buckle 111 (duplicated on the right side of Fig. 6 for description sake only) is pushed toward recess 142, protrusions 144 are pressed aside, then fall behind the arrow head of buckle 111, locking the buckle.

Movable connectors 105 and 145 are coupled to the machinery components by means of horizontal rods 106, which extend through openings 103 into central compartment 120 and are in contact with disk 128 perimeter. Horizontal rods 106 terminate with bearings 109 which allow the rods to smoothly slide along disk 128 perimeter as the disk revolves around its axis.

Thus, the distance between rods 106, and consequently the periodical change of the circumference of the loop encircling the limb, mimics the outline shape of disk 128. In order to maintain constant contact between bearings 109 and disk 128 and to facilitate fast transition between strap relaxed to contracted position,

5 rods 106 are mounted on biasing springs 108 positioned between walls 105 and are provided with plates 107 perpendicular to the rod axis and pressed against springs 108. Thus, springs 108 bias connectors 105 and 145 in the inward direction toward each other. As disk 128 revolves around its axis, springs 108 are compressed by plates 107 in accordance with disk 128 varying radius. When

10 disk 128 rotates to the point where cusps 129 simultaneously face bearing 109, rods 106 momentarily lose contact with disk 128 and the potential energy stored in springs 105 is released, pushing rods 106 inwardly. This causes a sudden inward pulling of strap 1 by both rods 106, leading to sharp squeezing of the limb muscles. It will be easily realized that the length interval between

15 contracted and released states of the limb encircling loop, and hence the squeezing force exerted on the muscles, is directly proportional to the radius change at cusp 129. Following the sudden strap contraction, the rods are gradually pushed outwardly leading to strap relaxed mode which lasts for substantially half a cycle. Hence, one revolution of disk 128 around its axis

20 results in two fast strap contractions. Typically, the transition from relaxed to contracted position takes about 0.5 seconds, the transition from contracted to relaxed position takes about 5 seconds and the relaxed position is maintained for about 50 seconds. However, it will be easily realized that the perimeter of disk 128 can be shaped such as to obtain any desired contraction-relaxation cyclic

25 pattern.

The device is further provided with an on/off switch 130 comprising button head 132, electrical connector 134 made of electric conductive material, and a bottom protrusion 136. When switch 130 is pushed to the left by means of head 132, connector 134 closes the electric circuit (shown in broken line),

30 setting the machinery into action. Simultaneously, protrusion 136 presses cap

116 downward, locking head 115 and preventing rod 102 from turning around its axis, for fixing the available length of strap 1. Button 132 can be further provided with a force regulator for regulating the frequency.

5 A different embodiment of the present invention in which box assembly 2 is the active intermittent compressing part is depicted in Fig. 2B. According to this embodiment, assembly box 2 further comprises a compressing plate 3 lying substantially parallel to casing 25 at a predetermined distance from its surface. According to this embodiment, the assembly 2, more specifically 10 said compressing plate 3 is pressed against the muscle and intermittently extend and retracts from casing 25 thus producing intermittent compression of the calf muscle.

According to this embodiment strap 1 is connected to casing 2 by two fixed slited latches, such that at least one end of strap 1 is threaded through 15 one of latches 68 and is folded onto itself to allow comfortable fitting, as described in conjunction to Fig. 2B. An on/off switch 6, a power regulator 5 and a rate regulator 7 are located at the top of the device in the same fashion as in Fig 2B.

A top view of a machinery embodiment in accordance with the 20 device embodiment of Fig. 2B is shown in Fig. 7. A power source 20 powers an electrical motor 10 that has a centrally located shaft 11. Said centrally located shaft 11 is coupled to a velocity reduction gear 12 which reduces the spinning velocity of the rod 11 and increases the power output. Reduction gear 12 has a centrally located rod 13 that is connected to drum 14 that has an eccentric 25 located rod 15. The eccentric located rod 15 is connected perpendicularly to the longer arm of a motion transfer L-shaped bar 16, wherein the shorter arm of said L-shaped bar 16 is connected to compressing plate 3 by connection means 17. Connection means 17 may be for example bolts, pins, screws etc.

Electrical motor 10 converts electrical energy into kinetic energy 30 stored in the spinning of the centrally located rod 11. The kinetic energy stored

in the spinning of the said centrally located rod 11 is converted into power by the said velocity reduction gear 12. The power stored in the said centrally located rod 13 connected to the said velocity reduction gear 12 is converted to the rotation of the said drum 14 which has the said fitted eccentrically located 5 rod 15. The circular motion of the said eccentrically located rod 15 is transferred to the extension and retraction of the said compressing plate 3 via the said motion transfer rod 16 and connection means 17.

According to this arrangement, the circular motion of the eccentrically located rod 15 is transferred into periodical motion of plate 3. Said 10 periodical motion of plate 3 is a combination of a first periodic motion in the extension-retraction direction (i.e., increasing and decreasing the distance between plate 3 and casing 25) as well as a second periodic motion which is perpendicular to said first periodic motion. (In accordance with Fig. 6, this second periodic motion is in a direction perpendicular to the drawing surface).

15 Thus, further to the obvious effect of applying intermittent compression on the limb by the extension-retraction motion of plate 3, the present embodiment also imparts the device a "massage-like" effect, thus enhancing the squeezing efficacy.

It will be easily realized by persons skilled in the art that the 20 embodiments described in Figs. 3 - 7 are only examples and that different features described separately in conjunction with a particular embodiment, can be combined in the design of a device of the present invention. For example, a retractable strap feature as illustrated in Fig. 6 can be combined with any of the other embodiments. Much the same, an asymmetrical component such as disk 25 128 of Fig. 6 can be added to any of the other embodiments for allowing a particular pattern of a contraction-relaxation cycle.

Fig. 8 shows an exemplary Doppler ultrasound test results obtained by the application of the present invention. The results shown here were 30 obtained by applying a device in accordance with the embodiment of Fig. 6 on a

49 years old healthy woman in the supine position. The device was applied to the right thigh close to the groin. The right side of Fig. 8 is a Doppler ultrasound measurement of the patient just before the activation of the said device. The white areas represent the blood flow in the deep veins of the thigh. These white 5 areas are taken here as baseline for this subject. The blood flow in the deep veins of the same subject is illustrated in the left picture of Fig. 8 immediately after the said device was put to action. Fig. 8 clearly shows the immediate enhancement in the venous blood flow above the said baseline upon operation of the device as depicted by higher peaks of white areas. The above Doppler 10 Ultrasound example displays the efficacy of the present device.

In-addition to the examples shown above, it will be apparent to the person skilled in the art that the device of the present invention can be readily used for the enhancement of blood flow in many situations. Such include persons sitting or laying for long periods of time (for example, during long air 15 flights or car travels or long hours working at the sitting position or immobilization at the hospital or rehabilitation center and the like.) It will be apparent that it may also be used for the enhancement of blood flow of a patient with diseases such as Diabetes Mellitus and Burger's disease. Also, for the enhancement of lymph flow in the hand of a patient post mastectomy. Other 20 uses not described here above will be apparent to the person skilled in the art. Providing said examples is made for the purpose of clarity and not limitation.

## CLAIMS

1. A portable device for enhancing blood and lymph flow in a limb and for preventing stasis related disorders, the device comprising:
  - a casing box encasing a power source, a motor powered by said power source and a machinery coupled to said motor;
  - a strap connectable to opposite sides said casing box for encircling said limb so as to form a closed loop around said limb;wherein said machinery actuates periodical change in the circumference of said loop between a contracted and a relaxed states by a predetermined length interval, thereby applying intermittent squeezing forces on the limb.
2. The device of claim 1 wherein the strap is an adjustable strap.
3. The device of claim 1 wherein at least one of end of the strap is coupled to said machinery and wherein said periodical change in the circumference of said closed loop is actuated by intermittently pulling and releasing said at least one end in and out said casing box.
4. The device of claim 1 wherein both ends of the strap are coupled to said machinery and wherein said periodical change in the circumference of said closed loop between said contracted and relaxed positions is actuated by intermittently and simultaneously pulling and releasing the two ends in and out said casing box.
5. The device of claim 1 further comprising a compressing plate extending from one face of the casing box substantially parallel to said face and said compressing plate is pressed against the muscles of said limb when the device is worn around the limb, said compressing plate is coupled to said machinery

and said periodical change in the circumference of said loop is actuated by intermittently extending and retracting said pressing plate from said casing box.

6. The device of claim 1 wherein the disorder is a venous disease.
7. The device of claim 4 wherein the venous disease is a deep vein thrombosis.
8. The device of claim 1 wherein the disorder is an arterial disease.
9. The device of claim 1 wherein said casing box is placed against the muscles of said limb and wherein said strap is placed against the bone of said limb.
10. The device of claim 1 wherein said casing box is placed against the bone of said limb and wherein said strap is placed against the muscles of said limb.
11. The device of claim 1 wherein said casing box is a curved flask-like box having a curvature to fit the curvature of said limb.
12. The device of claim 1 wherein said limb is a leg and wherein said device is placed around the calf.
13. The device of claim 1 further comprising regulator for regulating the frequency of said periodical change.
14. The device of claim 1 further comprising regulator for regulating the length interval between said contracted and relaxed states.

15. The device of claim 1 wherein said periodical change comprises fast transition from relaxed to contracted state, followed by a short duration of a contracted state and a longer duration of relaxed state.
16. The device of claim 1 wherein said strap is a retractable strap retractably wound at one side of the casing box.
17. The device according to claim 16 wherein the free end of the strap is provided with a male member and wherein the second opposite side of the casing box is provided with a complementary female member for allowing quick fastening of the strap around the limb.
18. A device according to claim 1 wherein the motor is an electrical motor having a spinning worm shaft, and wherein the machinery comprises a speed reducing wheel coupled to said shaft and a crankshaft means coupled to said wheel and connected to at least one end of the strap by means of a laterally movable connector for intermittently pulling and releasing said strap in and out the casing box.
19. A device according to claim 1 wherein the motor is a pull-push electromagnetic motor having a reciprocating rod, and wherein the machinery comprises a tooth-wheel coupled to said reciprocating rod by means of a spike-tooth projected from said reciprocating rod and a crankshaft means coupled to said wheel and connected to at least one end of the strap by means of a laterally movable connector for intermittently pulling and releasing said strap in and out the casing box.
20. A device according to claim 1 wherein the motor is an electrical motor having a spinning worm shaft, and wherein the machinery comprises:  
a speed reducing wheel coupled to said shaft;

a disk of an irregular perimeter centrically mounted on said speed reducing wheel;

at least one movable connector connecting to at least one end of the strap, said connector is coupled to the perimeter of the disk so that when the disk revolves around its axis, the movable connector moves laterally between protracted and retracted positions in accordance with said irregular perimeter.

21. The device of claim 20 wherein said movable connector is provided with a biasing spring for allowing quick transition between protracted position to retracted position, thereby actuating a sharp squeezing of muscles.

22. The device of claim 1 wherein said power supply means is a rechargeable or non-rechargeable DC batteries encased inside said casing.

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FIG.1

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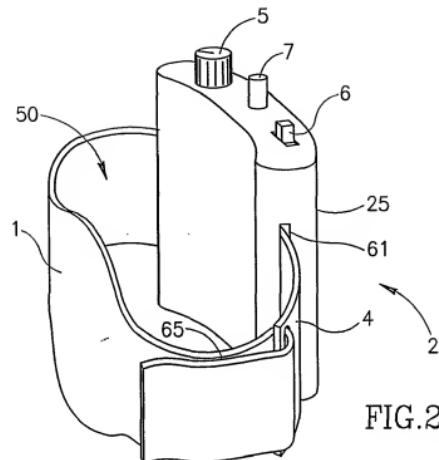


FIG. 2A

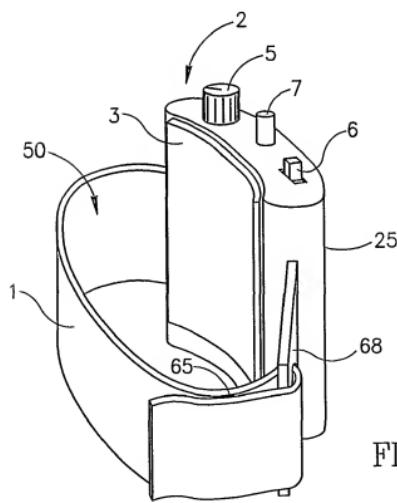


FIG.2B

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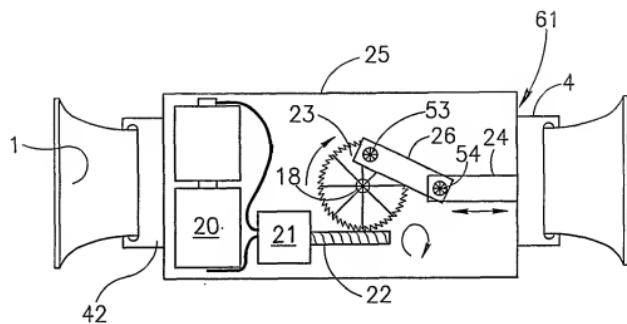


FIG.3A

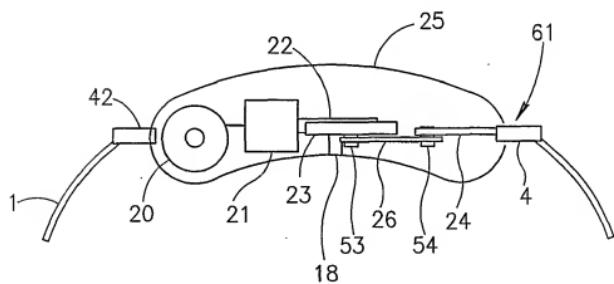


FIG.3B

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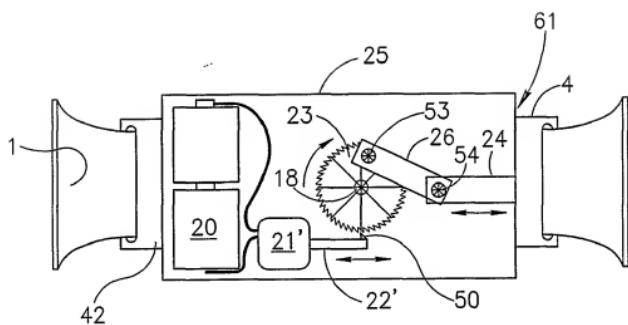


FIG.3C

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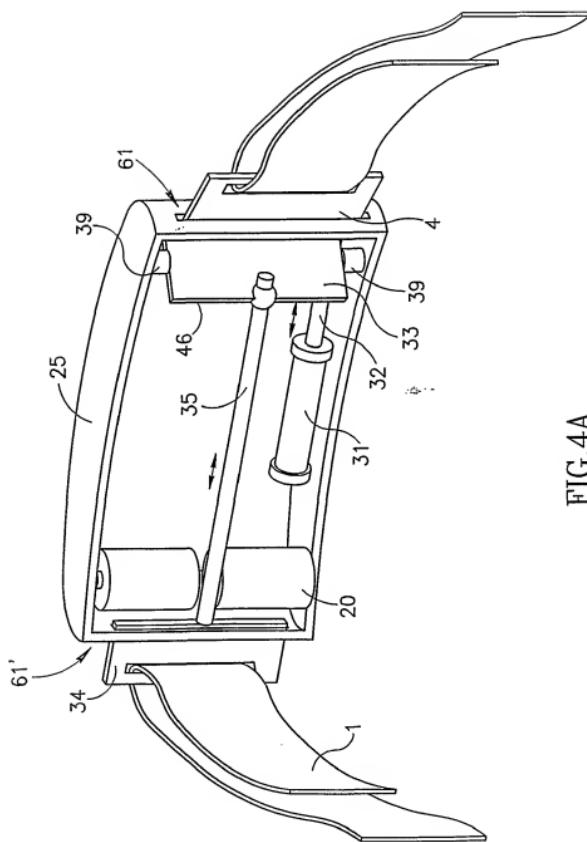


FIG. 4A

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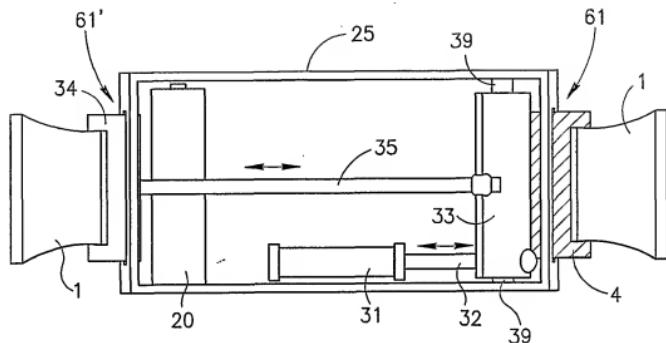


FIG. 4B

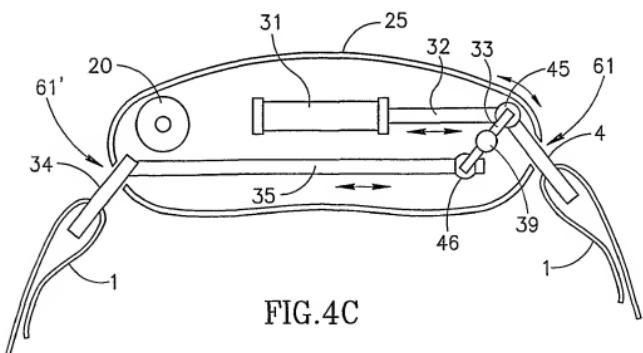


FIG. 4C

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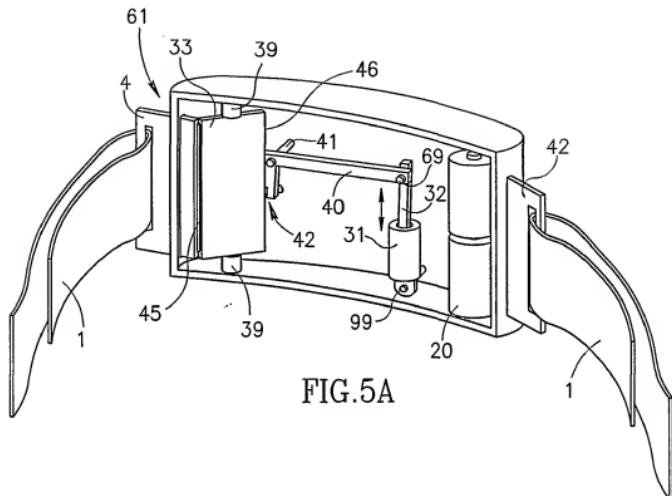


FIG. 5A

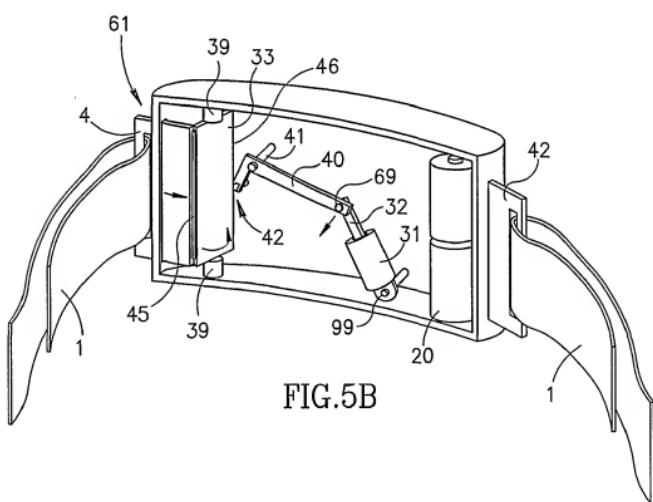


FIG. 5B

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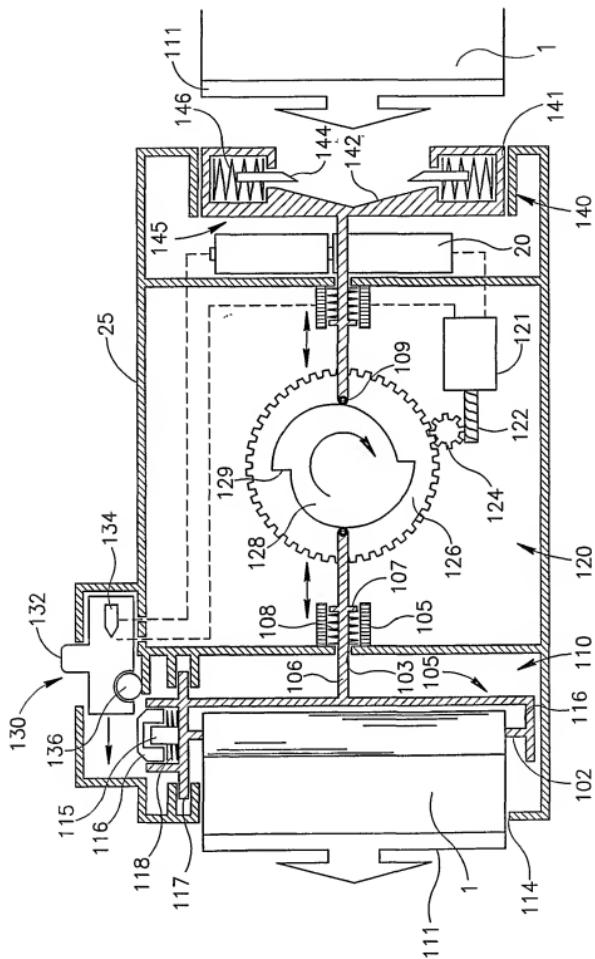


FIG. 6

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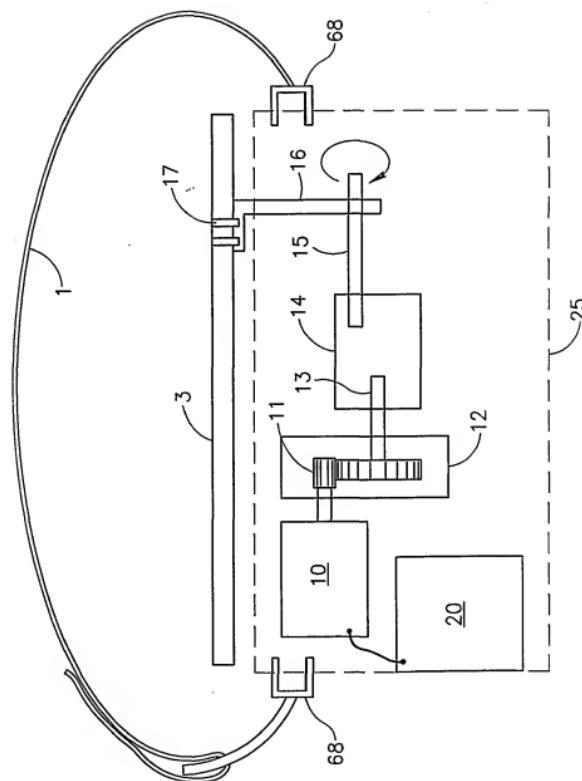


FIG. 7

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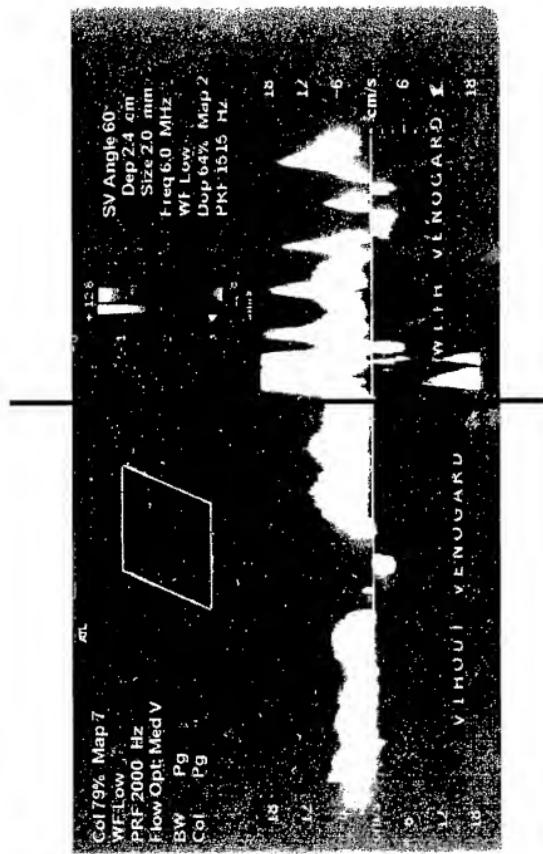


FIGURE 8

A. CLASSIFICATION OF SUBJECT MATTER  
IPC 7 A61H11/02

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)  
IPC 7 A61H A61M

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
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A	page 5, line 12 -page 6, line 3; figures 2-5 page 8, line 1 -page 12, line 21 page 14, line 4 -page 15, line 17 —	4
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A	page 5, line 25 -page 7, line 8; figures 1-3,7,8,13,14 page 10, line 7 - line 15 —	18,19
		-/-

 Further documents are listed in the continuation of box C. Patent family members are listed in annex.

\* Special categories of cited documents :

- \*A\* document defining the general state of the art which is not considered to be of particular relevance
- \*E\* earlier document but published on or after the International filing date
- \*L\* document which may throw doubt on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
- \*O\* document referring to an oral disclosure, use, exhibition or other means
- \*P\* document published prior to the International filing date but later than the priority date claimed

\*T\* later document published after the International filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

\*X\* document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

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\*&amp;\* document member of the same patent family

Date of the actual completion of the International search

Date of mailing of the International search report

16 July 2002

23/07/2002

Name and mailing address of the ISA

Authorized officer

European Patent Office, P.B. 5618 Patentlaan 2  
NL - 2280 HV Rijswijk  
Tel. (+31-70) 340-2040, Tx. 31 651 epo nl,  
Fax: (+31-70) 340-3016

Oelschläger, H

## C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT

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P, X	WO 01 32124 A (A D M ADVANCED DIALYSIS METHOD ;ZICHERMAN YEHUDA (IL)) 10 May 2001 (2001-05-10) page 5, line 25 -page 7, line 14 -----	1-5,11, 13,16-20
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X	US 5 334 131 A (SPECTOR GEORGE ET AL) 2 August 1994 (1994-08-02) the whole document -----	1,2,11, 22
X	US 4 732 140 A (STOFFREGEN ROBERT T) 22 March 1988 (1988-03-22) the whole document -----	1,11,22

## Box I Observations where certain claims were found unsearchable (Continuation of item 1 of first sheet)

This International Search Report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1.  Claims Nos.: 6 7 8 9 10 12 because they relate to subject matter not required to be searched by this Authority, namely:  
Rule 39.1(iv) PCT – Method for treatment of the human or animal body by therapy
2.  Claims Nos.: because they relate to parts of the International Application that do not comply with the prescribed requirements to such an extent that no meaningful International Search can be carried out, specifically:
3.  Claims Nos.: because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

## Box II Observations where unity of invention is lacking (Continuation of item 2 of first sheet)

This International Searching Authority found multiple inventions in this International application, as follows:

1.  As all required additional search fees were timely paid by the applicant, this International Search Report covers all searchable claims.
2.  As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.
3.  As only some of the required additional search fees were timely paid by the applicant, this International Search Report covers only those claims for which fees were paid, specifically claims Nos.:
4.  No required additional search fees were timely paid by the applicant. Consequently, this International Search Report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

## Remark on Protest

The additional search fees were accompanied by the applicant's protest.

No protest accompanied the payment of additional search fees.

## INTERNATIONAL SEARCH REPORT

Information on patent family members

In international Application No

PCT/IL 02/00157

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